

Higher Physical Education – Success Criteria

Practical Performance

- **repertoire of skills** — a broad and comprehensive performance repertoire (including complex movement and performance skills) (7 marks)
- **control and fluency of complex movement and performance skills** (7 marks)
- **effective decision making and problem solving** (7 marks)
- **using and applying well established composition, tactics and roles** (7 marks)
- **extent to which rules and regulations are followed and etiquette is displayed** (including working with others) (1 mark)
- **extent to which emotions are controlled on the day of the performance** (1 mark)

Written Exam

- That I can use given structures and apply these to appropriate command words (WWWWH, 3I's, PEE)
- That I can describe, explain and analyse how the four factors (Mental, Emotional, Social and Physical) impact on performance positively and negatively.
- That I can identify, describe, explain, analyse and evaluate a variety of methods of quantitative and qualitative data gathering
- That I can analyse results obtained from a range of data gathering methods
- I can create and complete a Personal Development Plan and explain the considerations that take place
- That I can identify, describe, explain, analyse and evaluate a variety of approaches to develop performance
- That I can monitor and evaluate progress and can describe, explain, analyse and evaluate the methods used to do this
- That I can apply knowledge of the Factors and the Cycle of Analysis to complete scenario questions
- That I am demonstrating skills in at least two activities which meet the practical criteria outlined for Higher level (repertoire of skills, control and fluency of complex movement and performance skills, effective decision making and problem solving, using and applying well established composition, tactics and roles, extent to which rules and regulations are followed and etiquette is displayed and extent to which emotions are controlled on the day of the performance).

What will be taken into consideration when deciding on a teacher-estimated grade for Higher PE:

- Performance in formal assessment block(s) (end of block assessment in October, FAB prelim in December and possible full prelim in February).

Full prelim is a question paper lasting 2 hours 30 minutes is split into three sections:

- Cycle of Analysis (Data Collection – Data Analysis – Personal Development Plan – Monitor/Evaluate PDP)
- Reference to a Personal Development Plan
- Scenario Questions

The full exam is out of 50 marks and makes up 50% of the overall mark.

- Successfully meeting the criteria to pass two individual, 'one off' performance assessments.

These two marks will be scaled to make up 50% of the overall mark. Each performance will be marked out of 30.

- Commitment and quality in class and in homework